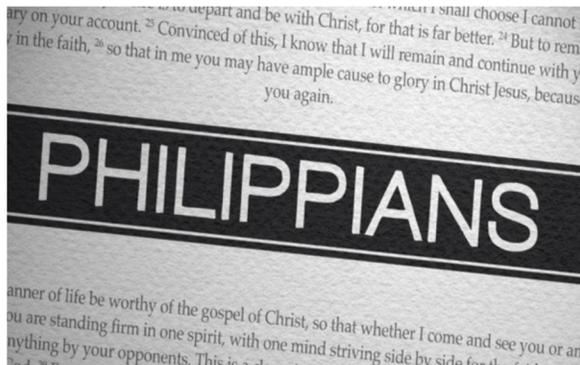


South Holly Church

Sunday, March 29, 2020



Welcome!

Our mind often plays dirty tricks on us.
 I think of going upstairs from my dark basement when I was a kid and feeling as if someone was in our basement chasing me up the stairs.

It has often been said that the battlefield for the Christian is our mind. This is true for followers of Jesus who live in this world, and at the same time, have a heavenly perspective on what is happening all around us.

We look around and see hardship, pain, and the ungodly prospering, yet are told not to fret or fear, because God is still in control.

We need to take our thoughts captive and bring them to the obedience of Jesus, so that we are not anxious about anything, but in everything, offer thanks.

When our minds are focused on the Truth, and not what is going on around us, we are able to WALK and WORK with Jesus, praising God and defeating anxiety.

Pastor Shannon Popp

Sermon Notes

Philippians 4:4-9
Battlefield

Pastor Shannon Popp
3.29.20

An _____ heart clouds the _____

When our _____ are fixed in _____, we can rejoice in _____

_____ is what _____ does

Faith _____ through the _____ of life, and see the _____ of God

Anxiety is never _____

Anxiety is _____ spiritual _____

We need both _____ and _____ conversations with God

_____ is not _____

Release my _____, and _____ His Truth

I will allow the Holy Spirit to lead me in one or more of these areas this week:

- Remember your Identity and Rejoice in Eternity
- Find a coach
- Create space to take your anxiety to God
- Spend time this week being alone and authentic with God
- Let your gentleness be known to your neighborhood